

Natural Herbal Alternatives Verses Conventional Drugs

According to the American Medical Association Journal, over 100,000 Americans die in hospitals every year due to side effects from regularly prescribed medications. Throughout America, a huge amount of medication is prescribed on a daily basis. The medical community openly acknowledges that fact that it does not have any cure for several common diseases that affect people.

Most allopathic medicines have side effects that can range from mild to severe. The reason for this is that most of these chemicals have certain toxic properties. This is why there have been so many prescription drugs that got pulled from the market after enjoying several years of FDA approval.

The sad thing is that very few doctors nowadays bother to inform patients about possible side effects due to close and cozy relationships with the pharmaceutical industries. Half of the truth is that pharmaceutical companies will only tell doctors as much as they want to and not reveal the complete picture. Therefore, the doctors are not completely to blame because they cannot warn patients against side effects of chemicals they are not aware of.

The trouble is that the business is so profitable is that these medicine manufacturers are more concerned with [profits and FDA approval rather than the overall effect on the patients](#).

This is one reason why several doctors are now beginning to recommend complementary alternative treatments, like [herbal therapies and medicines](#).

Here are some interesting facts:

- The totally amount of annual profits made by pharmaceutical companies through sale of drugs in the United States alone is over \$100 billion
- More than 25% of all prescription drugs available contain plant derivatives
- More than 80,000 types of plants are used all over the world for medicinal purposes
- Over 75% of the global population depends on herbal remedies for regular treatment

There are several choices available for people who are looking for alternative remedies, including Acupuncture, Yoga, Qigong, Tai chi, Ayurveda, hydrotherapy, massage therapy, homeopathy, energy medicines, holistic approaches, and aromatherapy. In fact, the number of herbal remedies available for different ailments equals (if not exceeds) the number of regular drug treatments provided by pharmaceutical companies.

The point is that prevention always was and always will be better than any cure, mainstream or alternative. The advantage of herbal remedies is that they move an individual towards a lifestyle more geared toward prevention and cure in the early stages of any affliction.

Pharmaceutical drugs work only after the problem has development, they do not try to prevent problems because then the manufacturing companies would go into a loss.

This is where [herbal remedies](#) leave the mainstream drugs behind. This is also the reason why so many people are daily turning to herbal therapies.

Herbal remedies treat the cause of the disease and not the symptoms (like conventional drugs). Herbal remedies also have almost no side effects.

Recommended Healthy Herbal Alternatives Products:

[For Men - Masculine Herbal Complex](#)

Though you may be healthy in all other respects, imbalances or disruptions of natural male functions can occur that undermine feelings of wellness and male vitality. For centuries, master herbalists have known that men have unique needs, and that certain herbs work to balance and support normal masculine function and improve wellness and vitality.

[For Women - Feminine Herbal Complex](#)

For centuries, master herbalists have known that women have unique cyclical needs, and that certain herbs work to balance the feminine cycle. Because a woman's menstrual cycle places her body in a constant state of flux, specific formulations have been carefully selected to assist women in achieving balance and wellness by addressing needs that are specific to the female system

[For Children - Vita-Squares Chewable tablets](#)

Vita-Squares provide optimal cellular nutrition that supports children's physical and mental growth and development and emotional well-being by specifically addressing the nutritional needs of children. Vita-Squares contain vitamins, minerals, lipids and other whole-food-based nutrients that are deficient in many children's diets, but that are essential for good health.

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Joe Golson - Health and fitness / Home Business Marketing enthusiast.I work at home promoting my business and write articles and reviews of products related to Health and Fitness.Being a Diabetic myself,I read and research a lot of health related materials to be informed.

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